

Proficiency Badge: Caving	Name:	Age:
	Scout Group:	

Participants must have attained the age of 11 years.

Caves must be considered horizontal or non-technical. Duration of underground stay must not exceed 4 consecutive hours. All caving activities to comply with State safety regulations.

A. DEMONSTRATE Prior to caving, demonstrate precautions applicable to caving including	Competent	Date
1. Approaching drops		
2. Safe distance from drops		
3. (The need to restrain loose hair and clothing)		
4. Use of standard communication conventions used in caving		
5. <i>ability to name at least 4 different formations</i>		
6. <i>Describe how limestone caves are formed.</i>		

B. SKILL Demonstrate thorough knowledge of	Competent	Date
1. Tape knot including tie offs		
2. Figure eight on the bight		
3. <i>Correct fitting of a harness</i>		
4. necessary personal equipment including light sources protective clothing and hardware		
5. Basic rules for the use and care of equipment		
6. <i>Demonstrate safe traveling techniques</i>		

C. ACTIVITY Undertake two cave expeditions totaling not less than 6 hours.	time underground	competent	date
System:			
1. Cave:			
2. Cave:			
3. Cave:			
4. Cave:			

Signature of Instructor	Date